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1	S.133
2	Introduced by Committee on Health and Welfare
3	Date: March 21, 2017
4	Subject: Health; mental health; access to care; care coordination
5	Statement of purpose of bill as introduced: This bill proposes to examine
6	various aspects of the mental health system in order to improve access to care
7	and care coordination throughout the system.
8	An act relating to examining mental health care and care coordination
9	It is hereby enacted by the General Assembly of the State of Vermont:
10	* * * Findings * * *
11	Sec. 1. FINDINGS
12	The General Assembly finds that:
13	(1) The State's mental health system has undergone substantial
14	transformations during the past ten years, with regard to both policy and the
15	structural components of the system.
16	(2) The State's adult mental health inpatient system was disrupted after
17	Tropical Storm Irene flooded the Vermont State Hospital in 2011. The
18	General Assembly, in 2012 Acts and Resolves No. 79, added over 50 kmg- and
19	Short-term residential beds to the State's mental health system, all of which are

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2	strengthened existing care coordination within the Department of Mental
3	Health o assist community providers and hospitals in the development of a
4	"system" that fosters the movement of individuals with psychiatric conditions
5	between appropriate levels of care as needed.
6	(3) Due to he spital flow and other system pressures, Vermont has seen a
7	gradual increase in the number of individuals with a psychiatric condition held
8	in emergency departments awaiting a hospital bed. Currently, hospitals
9	average 90 percent occupancy while crisis beds average just under 70 percent
10	occupancy, the latter largely due to understaffing. Issues related to hospital
11	discharge include inadequate staffing in community programs, insufficient
12	community programs, and inadequate supply of housing.
13	(4) Individuals presenting in emergency lepartments with acute
14	psychiatric care needs often remain in that setting for many hours or days
15	under the supervision of hospital staff, peers, crisis workers, or law
16	enforcement officers until a bed in a psychiatric inpatient unit becomes
17	available. Many of these individuals do not have access to a psychiatric care
18	provider and the emergency department does not provide a therapeutic
19	environment. Some of these individuals' conditions worsen while waiting for
20	an appropriate placement. Hospitals also struggle under these circumstances
21	because their staff is demoralized that they cannot care adequately for

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1	nsychiatric natients and consequently there is a rise in turnover rates. Many
2	hospitals are investing in special rooms for psychiatric emergencies and hiring
3	mental health technicians to work in the emergency department.
4	(5) Care provided by the designated agencies is the cornerstone upon
5	which the entire mental health system balances. Approximately two-thirds of
6	the psychiatric patients admitted to emergency departments are not clients of
7	the designated or specialized service agencies and are meeting with the crisis
8	response team for the first time. Many of the individuals presenting in
9	emergency departments are assessed, stabilized, and discharged to return home
10	or to supportive programming provided by the designated and specialized
11	service agencies.
12	(6) There is a shortage of psychiatric care professionals both nationally
13	and statewide. Psychiatrists working in Vermont have testified that they are
14	distressed that individuals with psychiatric conditions are boarded in
15	emergency departments and that there is an overall lack of health care parity
16	between physical and mental conditions.
17	(7) In 2007, a study commissioned by the Agency of Human Services
18	substantiated that designated and specialized service agencies face challenges
19	in meeting the demand for services at current funding levels. It further found
20	that keeping pace with current inflation trends, while maintaining existing
21	cascioad levels, required annual funding increases of eight percent across an

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1	payers to address unmet demand. Since that time, cost of living adjustments.
2	appropriated to designated and specialized service agencies were raised by less
3	than one percent annually.
4	(8) Evidence regarding the link between social determinants and healthy
5	families has become increasingly clear in recent years. Improving an
6	individual's trajectory requires addressing the needs of children and
7	adolescents in the context of their family. This means Vermont must work
8	within a two-generational hamework. While these findings primarily focus on
9	the highest acuity individuals within the adult system, it is important to also
10	focus on children's mental health. Yocial determinants when addressed can
11	improve an individual's health, therefore housing, employment, food security,
12	and natural support must be considered as part of this work as well.
13	(9) Before moving ahead with changes to refine the performance of the
14	current mental health system, an analysis is necessary to take stock of how it is
15	functioning and what resources are necessary for evidence-based or best
16	practice and cost-efficient improvements.
17	* * * System Coordination and Patient Flow * * *
18	Sec. 2. PROPOSED ACTION PLAN
19	On or before September 1, 2017, the Secretary of Human Services shall
20	submit an action plan to the Senate Committee on Health and Welfare and to
21	the House Committee on Health Care containing recommendations and

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1	legislative proposals for each of the evaluations, analyses, and other tasks
2	required pursuant to Secs. 3–9 of this act.
3	Sec. 3. OPERATION OF MENTAL HEALTH SYSTEM
4	The Secretary of Human Services, in collaboration with the Commissioner
5	of Mental Health and Green Mountain Care Board, shall conduct an analysis of
6	child and adult patient movement through Vermont's mental health system,
7	including voluntary and involuntary hospital admissions, emergency
8	departments, intensive residential recovery facilities, secure residential
9	recovery facility, crisis beds, and stable housing. The analysis shall identify
10	barriers to efficient, medically-necessary patient transitions between the mental
11	health system's levels of care and opportunities for improvement. It shall also
12	build upon previous work conducted pursuant to the Health Resource
13	Allocation Plan described in 18 V.S.A. § 9405.
14	Sec. 4. CARE COORDINATION
15	(a) The Secretary of Human Services, in collaboration with the
16	Commissioner of Mental Health, shall develop a plan for and an estimate of
17	the fiscal impact of implementation of regional navigation and resource centers
18	for referrals from primary care, hospital emergency departments, in patient
19	psychiatric units, and community providers, including the designated and
20	specialized service agencies and private counseling services. The goal of the
21	regional navigation and resource centers is to foster a more seamless transition

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1	in the care of individuals with mental health conditions or substance use
2	disorders. The Commissioner shall provide technical assistance and serve as a
3	statewille resource for regional navigation and resource centers.
4	(b) The Secretary of Human Services, in collaboration with the
5	Commissioner of Mental Health, shall evaluate the effectiveness of the
6	Department's care coordination team and the level of accountability among
7	admitting and discharging mental health professionals, as defined in 18 V.S.A.
8	<u>§ 7101.</u>
9	Sec. 5. INVOLUNTARY TREATMENT AND MEDICATION
10	(a) The Secretary of Human Services, in collaboration with the
11	Commissioner of Mental Health and the Chief Administrative Judge of the
12	Vermont Superior Courts, shall conduct an enalysis of the role that involuntary
13	treatment and psychiatric medication play in hospital emergency departments
14	and inpatient psychiatric admissions. The analysis chall examine the interplay
15	between staff and patients' rights and the use of involuntary treatment and
16	medication. The analysis shall also address the following policy proposals,
17	including the legal implications, the rationale or disincentives, and a cost-
18	benefit analysis for each:
19	(1) a statutory directive to the Department of Mental Health to prioritize
20	the restoration of competency where possible for all forensic patients
21	committed to the care of the Commissioner,

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1	(2) enabling applications for involuntary treatment and applications for
2	involuntary medication to be filed simultaneously or at any point that a
3	licensed independent practitioner believes joint filing is necessary for the
4	restoration of the individual's competency;
5	(3) enabling a patient's counsel to request only one evaluation pursuant
6	to 18 V.S.A. § 7612 for court proceedings related to hearings on an application
7	for involuntary treatment or application for involuntary medication, and
8	preventing any additional request for evaluation from delaying treatment
9	directed at the restoration of competency; and
10	(4) enabling both qualifying psychiatrists and psychologists to conduct
11	patient examinations pursuant to 18 V.S.A. § 7614.
12	(b) On or before October 1, 2017, Vermont Legal Aid and Disability Rights
13	Vermont shall jointly submit an addendum addlessing those portions of the
14	Secretary's proposed action plan submitted pursuan to Sec. 2 of this act that
15	relate to subsection (a) of this section. The addendum shall be submitted to the
16	Senate Committee on Health and Welfare and to the House Committee on
17	Health Care and shall identify any policy or legal concerns implicated by the
18	analysis or legislative proposals in the Secretary's action plan.
19	(c) As used in this section, "licensed independent practitioner" means a
20	physician, an advanced practice registered nurse licensed by the Vermont
21	Board of Nursing, or a physician assistant licensed by the vermont Board of

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1	Medical Practice
2	Sec 6. PSYCHIATRIC ACCESS PARITY
3	The Agency of Human Services, in collaboration with the Commissioner of
4	Mental Health and designated hospitals, shall evaluate opportunities for and
5	remove barriers of implementing parity in the manner that individuals
6	presenting at hospitals are received, regardless of whether for a psychiatric or a
7	physical condition. The evaluation shall examine: existing processes to screen
8	and triage health emergencies; transfer and disposition planning; stabilization
9	and admission; and criteria for ransfer to specialized or long-term care
10	services.
11	Sec. 7. GERIATRIC AND FORENSIC PSYCHIATRIC SKILLED
12	NURSING UNIT OR FACILITY
13	The Secretary of Human Services shall assess existing community capacity
14	and evaluate the extent to which a geriatric or forensic psychiatric skilled
15	nursing unit or facility, or both, are needed within the State. If the Secretary
16	concludes that the situation warrants more home- and community-based
17	services, a geriatric or forensic nursing home unit or facility, or any
18	combination thereof, he or she shall develop a plan for the design, Sting, and
19	funding of one or more units or facilities with a focus on the clinical bet
20	practices for these patient populations.
21	Sec. 8. UNITS OR PACILITIES FOR USE AS NURSING OR

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1	RESIDENTIAL HOMES OR SUPPORTIVE HOUSING
2	The Secretary of Human Services shall consult with the Commissioner of
3	Buildings and General Services to determine whether there are any units or
4	facilities that the State could utilize for a geriatric or forensic psychiatric
5	skilled nursing or residential home or supportive housing.
6	Sec. 9. 23-HOUR BED EVALUATION
7	The Secretary of Human Services, in collaboration with the Commissioner
8	of Mental Health, shall evaluate potential licensure models for 23-hour beds
9	and the implementation costs related to each potential model. Beds may be
10	used for patient assessment and statilization, involuntary holds, diversion from
11	emergency departments, and holds while appropriate discharge plans are
12	determined. At a minimum, the models considered by the Secretary shall
13	address psychiatric oversight, nursing oversight and coordination, peer
14	support, and security.
15	* * * Workforce Development * * *
16	Sec. 10. MENTAL HEALTH, DEVELOPMENTAL DISABILITIES, AND
17	SUBSTANCE USE DISORDER WORKFORCE STUDY
18	COMMITTEE
19	(a) Creation. There is created the Mental Health, Developmental
20	Disabilities, and Substance Use Disorder Workforce Study Committee to
21	examine best practices for training, recruiting, and retaining health care

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1	providers and other service providers in Vermont, particularly with regard to
2	the fields of mental health, developmental disabilities, and substance use
3	disorders. It is the goal of the General Assembly to enhance program capacity
4	in the State to address ongoing workforce shortages.
5	(b)(1) Membership. The Committee shall be composed of the following
6	members:
7	(A) the Secretary of Human Services or designee, who shall serve as
8	the Chair;
9	(B) the Commissione of Labor or designee;
10	(C) a representative of the Vermont State Colleges; and
11	(D) a representative of the Vermont Health Care Innovation Project's
12	(VHCIP) work group.
13	(2) The Committee may include the following members:
14	(A) a representative of the designated and specialized service
15	agencies appointed by Vermont Care Partners;
16	(B) the Director of Substance Abuse Prevention;
17	(C) a representative of the Area Health Education Centers; and
18	(D) any other appropriate individuals by invitation of the Chair.
19	(c) Powers and duties. The Committee shall consider and weigh the
20	effectiveness of loan repayment, tax abatement, long-term employment
21	agreements, funded training models, internships, rotations, and any other

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1	evidence-based training recruitment, and retention tools available for the
2	purpose of attracting and retaining qualified health care providers in the State,
3	particularly with regard to the fields of mental health and substance use
4	disorders.
5	(d) Assistance. The Committee shall have the administrative, technical,
6	and legal assistance of the Agency of Human Services.
7	(e) Report. On or before September 1, 2017, the Committee shall submit a
8	report to the Senate Committee on Health and Welfare and the House
9	Committee on Health Care regarding the results of its examination, including
10	any legislative proposals for both long-term and immediate steps the State may
11	take to attract and retain more health case providers in Vermont.
12	(f) Meetings.
13	(1) The Secretary of Human Services shall call the first meeting of the
14	Committee to occur on or before July 1, 2017.
15	(2) A majority of the membership shall constitute a quorum.
16	(3) The Committee shall cease to exist on September 30, 2017.
17	Sec. 11. OFFICE OF PROFESSIONAL REGULATION; INTERSTATE
18	COMPACTS
19	The Director of Professional Regulation shall engage other states in
20	discussion of the creation of national standards for coordinating the regulation
21	and ficensing of mental health professionals, as defined in 18 V.S.A. § 7101,

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1	for the nurnoces of licensure reciprocity and greater interstate mobility of that
2	workforce. On or before September 1, 2017, the Director shall report to the
3	Senate Committee on Health and Welfare and the House Committee on Health
4	Care regarding the results of his or her efforts and recommendations for
5	legislative action.
6	* * * Designated and Specialized Service Agencies * * *
7	Sec. 12. 18 V.S.A. § 8314 is added to read:
8	§ 8914. RATES OF PAYMENTS TO DESIGNATED AND SPECIALIZED
9	SERVICE AGENCIES
10	(a) The Secretary of Human Services shall have sole responsibility for
11	establishing rates of payments for designated and specialized service agencies
12	that are reasonable and adequate to meet the costs of achieving the required
13	outcomes for designated populations. When establishing rates of payment for
14	designated and specialized service agencies, the Secretary shall adjust rates to
15	take into account factors that include:
16	(1) the reasonable cost of any governmental mandate that has been
17	enacted, adopted, or imposed by any State or federal authority; and
18	(2) a cost adjustment factor to reflect changes in reasonable cost of
19	goods and services of designated and specialized service agencies, including
20	those attributed to inflation and labor market dynamics.
21	(b) When establishing rates of payment for designated and specialized

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1	service agencies, the Secretary may consider geographic differences in wages
2	benefits, housing, and real estate costs in each region of the State.
3	Sec. 13. PAYMENTS TO THE DESIGNATED AND SPECIALIZED
4	SERVICE AGENCIES
5	The Secretary of Human Services, in collaboration with the Commissioners
6	of Mental Health and of Disabilities, Aging, and Independent Living, shall
7	develop a plan to integrate multiple sources of payments to the designated and
8	specialized service agencies. In a manner consistent with Sec. 12 of this act,
9	the plan shall implement a Global Funding model as a successor to the analysis
10	and work conducted under the Medicuid Pathways and other work undertaken
11	regarding mental health in health care reform. It shall increase efficiency and
12	reduce the administrative burden. On or before January 1, 2018, the Secretary
13	shall submit the plan and any related legislative proposals to the Senate
14	Committee on Health and Welfare and the House Committee on Health Care.
15	Sec. 14. INTEGRATION OF PAYMENTS; ACCOUNTABLE CARE
16	ORGANIZATIONS
17	(a) Pursuant to 18 V.S.A. § 9382, the Green Mountain Care Board shall
18	review an accountable care organization's (ACO) model of care and
19	integration with community providers, including designated and specialized
20	service agencies, regarding how the model of care promotes scamiess

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bet veen the entities, and any proposed investments or expansions to

community-based providers. The purpose of this review is to ensure progress
toward and accountability to the population health measures related to mental
health and substance use disorder contained in the All Payer ACO Model

Agreement.

1	(b) In the Board's a qual report due on January 15, 2018, the Green
2	Mountain Care Board shall include a summary of information relating to
3	integration with community providers as described in subsection (a) of this
4	section received in the first ACO budget review under 18 V.S.A. § 9382.
5	(c) On or before December 31, 2021 the Agency of Human Services, in
6	collaboration with the Green Mountain Car Board, shall provide a copy of the
7	report required by Section 11 of the All-Payer Model Accountable Care
8	Organization Model Agreement, which outlines a plan for including the
9	financing and delivery of community-based providers it delivery system
10	reform, to the Senate Committee on Health and Welfare and the House
11	Committee on Health Care.
12	Sec. 15. HEALTH INSURANCE; DESIGNATED AND SPECIALIZED
13	SERVICE AGENCY EMPLOYEES
14	On or before September 1, 2017, the Commissioner of Human Resource
15	Shall consult with Blue Cross and Blue Shield of Vermont and Vermont Care

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1	Partners regarding the operational feasibility of including the designated and
2	specialized service agencies in the State employees' health benefit plan and
3	submit any findings and relevant recommendations for legislative action to the
4	Senate Committees on Health and Welfare, on Government Operations, and on
5	Finance and the House Committees on Health Care and on Government
6	Operations.
7	Sec. 16. PAV SCALE DESIGNATED AND SPECIALIZED SERVICE
8	AGENCY EMPLOYEES
9	The Secretary of Human Services shall allocate to designated and
10	specialized services agencies an appropriation as specified in Sec. 17 of this
11	act with the goal of implementing a pay scale by July 1, 2017 that:
12	(1) provides a minimum hourly payment of \$15.00 to direct care
13	workers; and
14	(2) increases the salaries for employees and contracted staff to be at
15	least 85 percent of those salaries earned by equivalent State, health care or
16	school-based positions with equal lengths of employment.
	Sec. 16. PAY SCALE; DESIGNATED AND SPECIALIZED SERVICE AGENCY EMPLOYEES
	It is the intent of the General Assembly that funds be appropriated to designated and specialized service agencies for the following purposes:
	(1) in fiscal year 2018, to fund increases in the hourly wages of workers to \$14.00 and to increase the salaries for crisis response team personnel to be
	at least 85 percent of those salaries earned by regionally equivalent State, health care, or school-based positions of equal skills, credentials, and lengths
	of employment,

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		(2)	in j	Gga	dv	car 2	010	to	fund in	eveas	og in	thel	wy	wag	es of w	onkong
to	\$1	5.0	9 ai	nd	to	incre	ase	the	saları	es fo	r cli	nical	emp	loyee	es and	other
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(3) In fiscal year 2020, after the completion of a market rate analysis by the designated and specialized service agencies, to further increase the salaries for clinical employees and personnel in a manner that advances the goal of achieving competitive compensation to regionally equivalent State, health care, or school-based positions of equal skills, credentials, and lengths of employment.

1	***
1	Appropriations
2	Sec. N. APPROPRIATION, DESIGNATED AND SPECIALIZED
3	SERVICE AGENCY EMPLOYEE PAY
4	(a) In fiscal year 2018, a total of \$30,240,000.00 from the Global
5	Commitment Fund is appropriated to the Agency of Human Services as
6	<u>follows:</u>
7	(1) \$30,000,000.00 for the purposes of carrying out the provisions of
8	Sec. 16 of this act; and
9	(2) \$240,000.00 for the purpose of expanding staffing of the existing
10	peer-run warm line by eight hours a day.
11	(b) In fiscal year 2018, a total of \$13,995,072.00 from the General Fund
12	and \$16,224,928.00 in federal funds is appropriated to the Agency of Auman
13	Services Global Commitment for funding the appropriations made in
14	Subsection (a) of this section.

1 * * * Effective Date * * *

2 Sec. 1917. EFFECTIVE DATE

This act shall take effect on passage.

* * * Findings and Legislative Intent * * *

Sec. 1. FINDINGS

3

The General Assembly finds that:

- (1) The State's mental health system has changed during the past ten years, with regard to both policy and the structural components of the system.
- (2) The State's adult mental health inpatient system was disrupted after Tropical Storm Irene flooded the Vermont State Hospital in 2011. The General Assembly, in 2012 Acts and Resolves No. 79, responded by designing a system "to provide flexible and recovery-oriented treatment opportunities and to ensure that the mental health needs of Vermonters are served."
- (3) Elements of Act 79 included the addition of over 50 long- and short-term residential beds to the State's mental health system, all of which are operated by the designated and specialized service agencies, increased peer support services, and replacement inpatient beds. It also was intended to strengthen existing care coordination within the Department of Mental Health to assist community providers and hospitals in the development of a system that provided rapid access to each level of support within the continuum of care as needed to ensure appropriate, high-quality, and recovery- and resiliency-oriented services in the least restrictive and most integrated settings for each stage of an individual's recovery.
- (4) Two key elements of Act 79 were never realized: a 24-hour peer-run warm line and eight residential recovery beds. Other elements of Act 79 were fully implemented.
- (5) Since Tropical Storm Irene flooded the Vermont State Hospital, Vermont has experienced a dramatic increase in the number of individuals in mental health distress experiencing long waits in emergency departments for inpatient hospital beds. Currently, hospitals average 90 percent occupancy, while crisis beds average just under 70 percent occupancy, the latter largely due to understaffing. Issues related to hospital discharge include inadequate staffing in community programs, insufficient community programs, and an inadequate supply of housing.
- (6) Individuals presenting in emergency departments reporting acute psychiatric distress often remain in that setting for many hours or days under

the supervision of hospital staff, peers, crisis workers, or law enforcement officers, until a bed in a psychiatric inpatient unit becomes available. Many of these individuals do not have access to a psychiatric care provider, and the emergency department does not provide a therapeutic environment. Due to these conditions, some individuals experience trauma and worsening symptoms while waiting for an appropriate level of care. Hospitals are also strained and report that their staff is demoralized that they cannot care adequately for psychiatric patients and consequently there is a rise in turnover rates. Many hospitals are investing in special rooms for psychiatric emergencies and hiring mental health technicians to work in the emergency departments.

- (7) Traumatic waits in emergency departments for children and adolescents in crisis are increasing, and there are limited resources for crisis support, hospital diversion, and inpatient care for children and adolescents in Vermont.
- (8) Addressing mental health care needs within the health care system in Vermont requires appropriate data and analysis, but simultaneously the urgency created by those individuals suffering under existing circumstances must be recognized.
- (9) Research has shown that there are specific factors associated with long waits, including homelessness, interhospital transfer, public insurance, use of sitters or restraint, age, comorbid medical conditions, alcohol and substance use, diagnoses of autism, intellectual disability, developmental delay, and suicidal ideation. Data have not been captured in Vermont to identify factors that may be associated with longer wait times and that could help pinpoint solutions.
- (10) Vermonters in the custody of the Commissioner of Corrections often do not have access to appropriate crisis or routine mental health supports or to inpatient care when needed, and are often held in correctional facilities after being referred for inpatient care due to the lack of access to inpatient beds. The General Assembly is working to address this aspect of the crisis through parallel legislation during the 2017–2018 biennium.
- (11) Care provided by the designated agencies is the cornerstone upon which the public mental health system balances. However, many Vermonters seeking help for psychiatric symptoms at emergency departments are not clients of the designated or specialized service agencies and are meeting with the crisis response team for the first time. Some of the individuals presenting in emergency departments are able to be assessed, stabilized, and discharged to return home or to supportive programming provided by the designated and specialized service agencies.

- (12) Act 79 specified that it was the intent of the General Assembly that "the [A]gency of [H]uman [S]ervices fully integrate all mental health services with all substance abuse, public health, and health care reform initiatives, consistent with the goals of parity." However, reimbursement rates for crisis, outpatient, and inpatient care are often segregated from health care payment structures and payment reform.
- (13) There is a shortage of psychiatric care professionals, both nationally and statewide. Psychiatrists working in Vermont have testified that they are distressed that individuals with psychiatric conditions remain for lengthy periods of time in emergency departments and that there is an overall lack of health care parity between mental conditions and other health conditions.
- (14) In 2007, a study commissioned by the Agency of Human Services substantiated that designated and specialized service agencies face challenges in meeting the demand for services at current funding levels. It further found that keeping pace with current inflation trends, while maintaining existing caseload levels, required annual funding increases of eight percent across all payers to address unmet demand. Since that time, cost of living adjustments appropriated to designated and specialized service agencies have been raised by less than one percent annually.
- (15) Designated and specialized service agencies are required by statute to provide a broad array of services, including many mandated services that are not fully funded.
- (16) Evidence regarding the link between social determinants and healthy families has become increasingly clear in recent years. Improving an individual's trajectory requires addressing the needs of children and adolescents in the context of their family and support networks. This means Vermont must work within a multi-generational framework. While these findings primarily focus on the highest acuity individuals within the adult system, it is important also to focus on children's and adolescents' mental health. Social determinants, when addressed, can improve an individual's health; therefore housing, employment, food security, and natural support must be considered as part of this work as well.
- (17) Before moving ahead with changes to improve mental health care and to achieve its integration with comprehensive health care reform, an analysis is necessary to take stock of how it is functioning and what resources are necessary for evidence-based or best practice and cost-efficient improvements that best meet the mental health needs of Vermont children, adolescents, and adults in their recovery.

(18) It is essential to the development of both short- and long-term improvements to mental health care for Vermonters that a common vision be established regarding how integrated, recovery- and resiliency-oriented services will emerge as part of a comprehensive and holistic health care system.

Sec. 2. LEGISLATIVE INTENT

It is the intent of the General Assembly to continue to work toward a system of health care that is fully inclusive of access to mental health care and meets the principles adopted in 18 V.S.A. § 7251, including:

- (1) The State of Vermont shall meet the needs of individuals with mental health conditions, including the needs of individuals in the custody of the Commissioner of Corrections, and the State's mental health system shall reflect excellence, best practices, and the highest standards of care.
- (2) Long-term planning shall look beyond the foreseeable future and present needs of the mental health community. Programs shall be designed to be responsive to changes over time in levels and types of needs, service delivery practices, and sources of funding.
- (3) Vermont's mental health system shall provide a coordinated continuum of care by the Departments of Mental Health and of Corrections, designated hospitals, designated agencies, and community and peer partners to ensure that individuals with mental health conditions receive care in the most integrated and least restrictive settings available. Individuals' treatment choices shall be honored to the extent possible.
- (4) The mental health system shall be integrated into the overall health care system.
- (5) Vermont's mental health system shall be geographically and financially accessible. Resources shall be distributed based on demographics and geography to increase the likelihood of treatment as close to the patient's home as possible. All ranges of services shall be available to individuals who need them, regardless of individuals' ability to pay.
- (6) The State's mental health system shall ensure that the legal rights of individuals with mental health conditions are protected.
- (7) Oversight and accountability shall be built into all aspects of the mental health system.
- (8) Vermont's mental health system shall be adequately funded and financially sustainable to the same degree as other health services.
 - (9) Individuals with a psychiatric disability or mental condition who are

in the custody or temporary custody of the Commissioner of Mental Health and who receive treatment in an acute inpatient hospital unit, intensive residential recovery facility, or a secure residential recovery facility shall be afforded rights and protections that reflect evidence-based best practices aimed at reducing the use of emergency involuntary procedures.

- * * * Analysis, Action Plan, and Long-Term Vision Evaluation * * *
- Sec. 3. ANALYSIS, ACTION PLAN, AND LONG-TERM VISION FOR THE PROVISION OF MENTAL HEALTH CARE WITHIN THE HEALTH CARE SYSTEM
- (a) In order to address the present crisis that emergency departments are experiencing in treating an individual who presents with symptoms of a mental health crisis, and in recognition that this crisis is a symptom of larger systemic shortcomings in the provision of mental health services statewide, the General Assembly seeks an analysis and action plan from the Secretary of Human Services in accordance with the following specifications:
- (1) On or before December 15, 2017, the Secretary of Human Services, in collaboration with the Commissioner of Mental Health, the Green Mountain Care Board, providers, and persons who are affected by current services, shall submit an action plan with recommendations and legislative proposals to the Senate Committee on Health and Welfare and to the House Committees on Health Care and on Human Services that shall be informed by an analysis of specific issues described in this section and Sec. 4 of this act. The analysis shall be conducted in conjunction with the planned updates to the Health Resource Allocation Plan (HRAP) described in 18 V.S.A. § 9405, of which the mental health and health care integration components shall be prioritized. With regard to children, adolescents, and adults, the analysis and action plan shall:
- (A) specify steps to develop a common, long-term, statewide vision of how integrated, recovery- and resiliency-oriented services shall emerge as part of a comprehensive and holistic health care system;
- (B) identify data that are not currently gathered, and that are necessary for current and future planning, long-term evaluation of the system, and for quality measurements, including identification of any data requiring legislation to ensure their availability;
- (C) identify the causes underlying increased referrals and self-referrals to emergency departments;
- (D) determine the availability, regional accessibility, and gaps in services that are barriers to efficient, medically necessary, recovery- and resiliency-oriented patient care at levels of support that are least restrictive

and most integrated with regard to voluntary and involuntary hospital admissions, emergency departments, intensive residential recovery facilities, secure residential recovery facilities, crisis beds, and other diversion capacities; crisis intervention services; peer respite and support services; intensive and other outpatient services; services for transition age youths; and stable housing;

- (E) incorporate existing information from research and from established quality metrics regarding emergency department wait times;
- (F) incorporate anticipated demographic trends, the impact of the opiate crisis, and data that indicate short- and long-term trends; and
- (G) identify the levels of resources necessary to attract and retain qualified staff to meet identified outcomes required of designated and specialized service agencies and specify a timeline for achieving those levels of support.
- (2) On or before September 1, 2017, the Secretary shall submit a status report to the Senate Committee on Health and Welfare and to the House Committees on Health Care and on Human Services describing the progress made in completing the analysis required pursuant to this subsection and producing a corresponding action plan. The status report shall include any immediate action steps that the Agency was able to take to address the emergency department crisis that did not require additional resources or legislation.
- (b)(1) The Commissioner shall collect data to inform the analysis and action plan described in subsection (a) of this section regarding emergency services for persons with psychiatric symptoms or complaints in the emergency department. The data collected regarding persons presenting in emergency departments with psychiatric symptoms shall include:
- (A) the circumstances under which and reasons why a person is being referred or self-referred to an emergency department;
 - (B) measurements shown by research to affect length of waits; and
- (C) rates at which persons brought to emergency departments for emergency examinations pursuant to 18 V.S.A. §§ 7504 and 7505 are found not to be in need of inpatient hospitalization.
- (2) Data to otherwise inform the analysis and action plan shall include short- and long-term trends in inpatient length of stay and readmission rates.
- (3) Data for persons under 18 years of age shall be collected and analyzed separately.

- (c) On or before January 15, 2019, the Secretary shall submit a comprehensive evaluation of the overarching structure for the delivery of mental health services within a sustainable, holistic health care system in Vermont to the Senate Committee on Health and Welfare and to the House Committees on Health Care and on Human Services, including:
- (1) whether the current structure is succeeding in serving Vermonters with mental health needs and meeting the goals of access, quality, and integration of services;
- (2) whether quality and access to mental health services are equitable throughout Vermont;
- (3) whether the current structure advances the long-term vision of an integrated, holistic health care system;
- (4) how the designated and specialized service agency structure contributes to the realization of that long-term vision;
- (5) how mental health care is being fully integrated into health care payment reform; and
- (6) any recommendations for structural changes to the mental health system that would assist in achieving the vision of an integrated, holistic health care system.

Sec. 4. COMPONENTS OF ANALYSIS, ACTION PLAN, AND LONG-TERM VISION EVALUATION

The analysis, action plan, and long-term vision evaluation required by Sec. 3 of this act shall address the following:

- (1) Care coordination. The analysis, action plan, and long-term vision evaluation shall address the potential benefits and costs of developing regional navigation and resource centers for referrals from primary care, hospital emergency departments, inpatient psychiatric units, correctional facilities, and community providers, including the designated and specialized service agencies, private counseling services, and peer-run services. The goal of regional navigation and resource centers is to foster improved access to efficient, medically necessary, and recovery- and resiliency-oriented patient care at levels of support that are least restrictive and most integrated for individuals with mental health conditions, substance use disorders, or cooccurring conditions. Consideration of regional navigation and resource centers shall include consideration of other coordination models identified during the recovery- and resiliency-oriented analysis, including models that address the goal of an integrated health system.
 - (2) Accountability. The analysis, action plan, and long-term vision

evaluation shall address the effectiveness of the Department's care coordination team in providing access to and adequate accountability for coordination and collaboration among hospitals and community partners for transition and ongoing care, including the judicial and corrections systems. An assessment of accountability shall include an evaluation of potential discrimination in hospital admissions at different levels of care and the extent to which individuals are served by their medical homes.

- (3)(A) Crisis diversion evaluation. The analysis, action plan, and longterm vision evaluation shall assess:
- (i) existing and potential new models, including the 23-hour bed model, that prevent or divert individuals from the need to access an emergency department;
 - (ii) models for children, adolescents, and adults; and
- (iii) whether existing programs need to be expanded, enhanced, or reconfigured, and whether additional capacity is needed.
- (B) Diversion models used for patient assessment and stabilization, involuntary holds, diversion from emergency departments, and holds while appropriate discharge plans are determined shall be considered, including the extent to which they address psychiatric oversight, nursing oversight and coordination, peer support, security, and geographic access. If the preliminary analysis identifies a need for or the benefits of additional, enhanced, expanded, or reconfigured models, the action plan shall include preliminary steps necessary to identify licensing needs, implementation, and ongoing costs.
- (4) Implementation of Act 79. The analysis, action plan, and long-term vision evaluation, in coordination with the work completed by the Department of Mental Health for its annual report pursuant to 18 V.S.A. § 7504, shall address whether those components of the system envisioned in 2012 Acts and Resolves No. 79 that have not been fully implemented remain necessary and whether those components that have been implemented are adequate to meet the needs identified in the preliminary analysis. Priority shall be given to determining whether there is a need to fund fully the 24-hour warm line and eight unutilized intensive residential recovery facility beds and whether other models of supported housing are necessary. If implementation or expansion of these components is deemed necessary in the analysis, the action plan shall identify the initial steps needed to plan, design, and fund the recommended implementation or expansion.
- (5) Mental health access parity. The analysis, action plan, and longterm vision evaluation shall evaluate opportunities for and remove barriers to implementing parity in the manner that individuals presenting at hospitals are

received, regardless of whether for a psychiatric or other health care condition. The evaluation shall examine: existing processes to screen and triage health emergencies; transfer and disposition planning; stabilization and admission; and criteria for transfer to specialized or long-term care services.

- (6) Geriatric psychiatric support services, residential care, or skilled nursing unit or facility. The analysis, action plan, and long-term vision evaluation shall evaluate the extent to which additional support services are needed for geriatric patients in order to prevent hospital admissions or to facilitate discharges from inpatient settings, including community-based services, enhanced residential care services, enhanced supports within skilled nursing units or facilities, or new units or facilities. If the analysis concludes that the situation warrants more home- and community-based services, a geriatric nursing home unit or facility, or any combination thereof, the action plan shall include a proposal for the initial funding phases and, if appropriate, siting and design, for one or more units or facilities with a focus on the clinical best practices for these patient populations. The action plan and preliminary analysis shall also include means for improving coordination and shared care management between Choices for Care and the designated and specialized service agencies.
- (7) Forensic psychiatric support services or residential care. The analysis, action plan, and long-term vision evaluation shall assess the extent to which additional services or facilities are needed for forensic patients in order to enable appropriate access to inpatient care, prevent hospital admissions, or facilitate discharges from inpatient settings. These services may include community-based services or enhanced residential care services. The analysis and action plan shall be completed in coordination with other relevant assessments regarding access to mental health care for persons in the custody of the Commissioner of Corrections as required by the General Assembly during the first year of the 2017–2018 biennium.
- (8) Units or facilities for use as nursing or residential homes or supportive housing. To the extent that the analysis indicates a need for additional units or facilities, it shall require consultation with the Commissioner of Buildings and General Services to determine whether there are any units or facilities that the State could utilize for a geriatric skilled nursing or forensic psychiatric facility, an additional intensive residential recovery facility, an expanded secure residential recovery facility, or supportive housing.
- (9) Emergency services. The analysis, action plan, and long-term vision evaluation shall address how designated and specialized service agencies fund emergency services for the purpose of ensuring emergency services achieve

maximum efficiency and are available to all individuals within a specific designated or specialized service agency's catchment area and shall identify any funding gaps, including methodologies of payment, capacity of payment, third-party payers, and unfunded services. "Emergency services" means crisis response teams and crisis bed programs.

Sec. 5. INVOLUNTARY TREATMENT AND MEDICATION REVIEW

- (a) On or before December 15, 2017, the Secretary of Human Services, in collaboration with the Commissioner of Mental Health and the Chief Superior Judge, shall analyze and submit a report to the Senate Committee on Health and Welfare and the House Committee on Health Care regarding the role that involuntary treatment and psychiatric medication play in inpatient emergency department wait times, including any concerns arising from judicial timelines and processes. The analysis shall examine gaps and shortcomings in the mental health system, including the adequacy of housing and community resources available to divert patients from involuntary hospitalization; treatment modalities, including involuntary medication and non-medication alternatives available to address the needs of patients in psychiatric crises; and other characteristics of the mental health system that contribute to prolonged stays in hospital emergency departments and inpatient psychiatric units. The analysis shall also examine the interplay between the rights of staff and patients' rights and the use of involuntary treatment and medication. Additionally, to provide the General Assembly with a wide variety of options, the analysis shall examine the following, including the legal implications, the rationale or disincentives, and a cost-benefit analysis for each:
- (1) a statutory directive to the Department of Mental Health to prioritize the restoration of competency where possible for all forensic patients committed to the care of the Commissioner; and
- (2) enabling applications for involuntary treatment and applications for involuntary medication to be filed simultaneously or at any point that a psychiatrist believes joint filing is necessary for the restoration of the individual's competency.
- (b) On or before January 15, 2018, Vermont Legal Aid, Disability Rights Vermont, and Vermont Psychiatric Survivors shall have the opportunity to submit an addendum addressing the Secretary's report completed pursuant to subsection (a) of this section.
- (c)(1) On or before November 15, 2017, the Department shall issue a request for information for a longitudinal study comparing the outcomes of patients who received court-ordered medications while hospitalized with those of patients who did not receive court-ordered medication while hospitalized,

including both patients who voluntarily received medication and those who received no medication, for a period from 1998 to the present. The request for information shall specify that the study examine the following measures:

- (A) the length of an individual's involuntary hospitalization;
- (B) the time spent by an individual in inpatient and outpatient settings;
- (C) the number of an individual's hospital admissions, including both voluntary and involuntary admissions;
- (D) the number of and length of time of an individual's residential placements;
 - (E) an individual's success in different types of residential settings;
- (F) any employment or other vocational and educational activities after hospital discharge;
 - (G) any criminal charges after hospital discharge; and
- (H) other parameters determined in consultation with representatives of inpatient and community treatment providers and advocates for the rights of psychiatric patients.
- (2) Request for information proposals shall include estimated costs, time frames for conducting the work, and any other necessary information.
 - * * * Payment Structures * * *

Sec. 6. INTEGRATION OF PAYMENTS; ACCOUNTABLE CARE ORGANIZATIONS

- (a) Pursuant to 18 V.S.A. § 9382, the Green Mountain Care Board shall review an accountable care organization's (ACO) model of care and integration with community providers, including designated and specialized service agencies, regarding how the model of care promotes seamless coordination across the care continuum, business or operational relationships between the entities, and any proposed investments or expansions to community-based providers. The purpose of this review is to ensure progress toward and accountability to the population health measures related to mental health and substance use disorder contained in the All Payer ACO Model Agreement.
- (b) In the Board's annual report due on January 15, 2018, the Green Mountain Care Board shall include a summary of information relating to integration with community providers, as described in subsection (a) of this section, received in the first ACO budget review under 18 V.S.A. § 9382.

(c) On or before December 31, 2020, the Agency of Human Services, in collaboration with the Green Mountain Care Board, shall provide a copy of the report required by Section 11 of the All-Payer Model ACO Model Agreement, which outlines a plan for including the financing and delivery of community-based providers in delivery system reform, to the Senate Committee on Health and Welfare and the House Committee on Health Care.

Sec. 7. PAYMENTS TO THE DESIGNATED AND SPECIALIZED SERVICE AGENCIES

The Secretary of Human Services, in collaboration with the Commissioners of Mental Health and of Disabilities, Aging, and Independent Living; providers; and persons who are affected by current services, shall develop a plan to integrate multiple sources of payments for mental and substance abuse services to the designated and specialized service agencies. In a manner consistent with Sec. 11 of this act, the plan shall implement a Global Funding model as a successor to the analysis and work conducted under the Medicaid Pathways and other work undertaken regarding mental health in health care reform. It shall increase efficiency and reduce the administrative burden. On or before January 1, 2018, the Secretary shall submit the plan and any related legislative proposals to the Senate Committee on Health and Welfare and the House Committees on Health Care and on Human Services.

Sec. 8. ALIGNMENT OF FUNDING WITHIN THE AGENCY OF HUMAN SERVICES

For the purpose of creating a more transparent system of public funding for mental health services, the Agency of Human Services shall continue with budget development processes enacted in legislation during the first year of the 2015–2016 biennium that unify payment for services, policies, and utilization review of services within an appropriate department consistent with Secs. 6 and 7 of this act.

* * * Workforce Development * * *

Sec. 9. MENTAL HEALTH, DEVELOPMENTAL DISABILITIES, AND SUBSTANCE USE DISORDER WORKFORCE STUDY COMMITTEE

(a) Creation. There is created the Mental Health, Developmental Disabilities, and Substance Use Disorder Workforce Study Committee to examine best practices for training, recruiting, and retaining health care providers and other service providers in Vermont, particularly with regard to the fields of mental health, developmental disabilities, and substance use disorders. It is the goal of the General Assembly to enhance program capacity

in the State to address ongoing workforce shortages.

- (b) Membership. The Committee shall be composed of the following members:
- (1) the Secretary of Human Services or designee, who shall serve as the Chair;
 - (2) the Commissioner of Labor or designee;
 - (3) the Commissioner of Mental Health or designee;
- (4) the Commissioner of Disabilities, Aging, and Independent Living or designee;
 - (5) the Commissioner of Health or designee;
 - (6) a representative of the Vermont State Colleges;
- (7) a representative of the Governor's Health Care Workforce Work Group created by Executive Order 07-13;
 - (8) a representative of persons affected by current services;
- (9) a representative of the families of persons affected by current services;
- (10) a representative of the designated and specialized service agencies appointed by Vermont Care Partners;
 - (11) the Director of Substance Abuse Prevention;
- (12) a representative appointed by the Area Health Education Centers; and
 - (13) any other appropriate individuals by invitation of the Chair.
- (c) Powers and duties. The Committee shall consider and weigh the effectiveness of loan repayment, tax abatement, long-term employment agreements, funded training models, internships, rotations, and any other evidence-based training, recruitment, and retention tools available for the purpose of attracting and retaining qualified health care providers in the State, particularly with regard to the fields of mental health, developmental disabilities, and substance use disorders.
- (d) Assistance. The Committee shall have the administrative, technical, and legal assistance of the Agency of Human Services.
- (e) Report. On or before December 15, 2017, the Committee shall submit a report to the Senate Committee on Health and Welfare and the House Committees on Health Care and on Human Services regarding the results of its examination, including any legislative proposals for both long-term and

immediate steps the State may take to attract and retain more health care providers in Vermont.

(f) Meetings.

- (1) The Secretary of Human Services shall call the first meeting of the Committee to occur on or before July 1, 2017.
 - (2) A majority of the membership shall constitute a quorum.
 - (3) The Committee shall cease to exist on December 31, 2017.

Sec. 10. OFFICE OF PROFESSIONAL REGULATION; INTERSTATE COMPACTS

The Director of Professional Regulation shall engage other states in a discussion of the creation of national standards for coordinating the regulation and licensing of mental health professionals, as defined in 18 V.S.A. § 7101, for the purposes of licensure reciprocity and greater interstate mobility of that workforce. On or before September 1, 2017, the Director shall report to the Senate Committee on Health and Welfare and the House Committee on Health Care regarding the results of his or her efforts and recommendations for legislative action.

* * * Designated and Specialized Service Agencies * * *

Sec. 11. 18 V.S.A. § 8914 is added to read:

§ 8914. RATES OF PAYMENTS TO DESIGNATED AND SPECIALIZED SERVICE AGENCIES

- (a) The Secretary of Human Services shall have sole responsibility for establishing the Departments of Health, of Mental Health, and of Disabilities, Aging, and Independent Living's rates of payments for designated and specialized service agencies that are reasonable and adequate to achieve the required outcomes for designated populations. When establishing rates of payment for designated and specialized service agencies, the Secretary shall adjust rates to take into account factors that include:
- (1) the reasonable cost of any governmental mandate that has been enacted, adopted, or imposed by any State or federal authority; and
- (2) a cost adjustment factor to reflect changes in reasonable costs of goods and services of designated and specialized service agencies, including those attributed to inflation and labor market dynamics.
- (b) When establishing rates of payment for designated and specialized service agencies, the Secretary may consider geographic differences in wages, benefits, housing, and real estate costs in each region of the State.

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Sec. 12. HEALTH INSURANCE; DESIGNATED AND SPECIALIZED SERVICE AGENCY EMPLOYEES

On or before September 1, 2017, the Commissioner of Human Resources shall consult with BlueCross BlueShield of Vermont and Vermont Care Partners regarding the operational feasibility of including the designated and specialized service agencies in the State employees' health benefit plan and submit any findings and relevant recommendations for legislative action to the Senate Committees on Health and Welfare, on Government Operations, and on Finance and the House Committees on Health Care and on Government Operations.

* * * Effective Date * * *

Sec. 13. EFFECTIVE DATE

This act shall take effect on passage.